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Mars Retrograde in Aquarius

Webcast Event Guide

(April 17th – June 29th, 2016)



Guided Meditation:

Locating the Center of your Will within the Winds of the World –

Intro to HoloKompass Astrology

-What is HoloKompass Astrology?

The Synchronicity of HoloKompass Astrology

Essentially HoloKompass Astrology is the art and science of intuiting and interpreting the energetic archetypal cycles of life and your soul's schedule of unfolding into the world via those cycles.

All those planets out there in the heavens are mirrors for what's happening in us and act as forces of synchronicity....as above, so below. So any planetary cycle that we observe in the sky/Zodiac is also occurring within, because (as all mystics have said for ages) the ultimate reality is that there is no separation from what's out there and what's within.

The gift of HoloKompass Astrology is born out of learning to work with the cosmic/archetypal cycles of life consciously, as a co-creative act if you will. So if you can learn to understand the inherent function of a planetary astrological cycle, you can use that energy in a more consciously empowered manner, and bring your timing/efforts more in line with Universal Will and process; which means more in line with your Soul.

That said, HoloKompass Astrology isn't based on the idea that the Planets out there cause anything to happen via electromagnetic force fields or gravitational influences – all of which science has proven isn't possible. Nor is it based in any New Age superstition. HoloKompass Astrology is centered in the truth that you have a Soul Agreement, which connects you to the energetic creative evolutionary cycles of Planet Earth. And these cycles are archetypally woven into the fabric of time and space as experienced in our human lives. Furthermore, these cycles are trackable via the synchronicity of the planetary movements that the ancients identified by projecting their intuitive and psychic understanding of them onto the night sky. Thus what makes Soul Contract Astrology work is the psycho-spiritual law Carl Jung discovered: SYNCHRONICITY! Enough said!

How to Use this Guide

- Guide to Exploring Dominant Activated Energies/Archetypes and Themes in Your Soul Contract
 - Get a journal/make space in one
- Firstly Astrological Language included, but not necessary
- DO track dates and use them as a guide
- Use to help you follow the dominant Archetypal Themes explored during Webcast
 - Follow coaching/engage the questions!
- Future Cast – how to use it!
- Don't go hide under the bed and wait for this cycle to be over
 - Soul Contracts and Cycles/Braces come off when teeth are straight!
- Listen at least twice via on-demand video or mp3 audio once ready for download-- especially when the chaos and 'Retrograde Blues' hit!
- There is Fate (how life happens to us) and Destiny (how we happen to life)!
- Retrogrades always brings up something that's unconscious in you that you need to see now – this audio series is the midwife of that.

The Mars Retrograde Blues

Alright, have you struggled the last couple months with wanting to take off and fly, but keep feeling weighted down by old self-sabotage, blocked will, confused direction, exhaustion, some old unfinished business, latent repressed anger/rage, fatigue, getting sick and *staying* sick for weeks on end, past actions biting you in the butt, blocked courses of action, or apathy/depression? Well, if this speaks to you, then you definitely have a case of the Mars Retrograde blues!

Retrograde motion is something that all the planets do, which simply means that they 'appear' to go backward in the sky from time to time based on our earthly orbit and their own orbits around the Sun. Without getting too involved in the mechanics of retrogression, suffice it to say that the retrograde motion of any planet has deep symbolic significance regarding the archetypal energy that planet represents and how we relate to and integrate it in our lives. So before I decode this latest Mars Retrograde cycle and elucidate how you can best use it constructively, let's first assess Mars as an archetype, and also how you may manifest it in your life.

The Archetypal Mars

Yang Energy (Masculine, Active, and Outwardly Expressive)

The mythological roots of this planet first come to us via the ancient Greek god Ares, who was seven hundred feet tall and known to throw tantrums during the bloody battles of Troy. He wasn't a revered god by the Greeks per se, primarily being associated with war and strife – though he was worshipped by the Amazons, the warrior women that also gave allegiance to the fiercely independent goddess Artemis.

Yet, the Romans gave Ares a bit of a makeover when they adopted him into their pantheon of gods, and named him Mars. In fact, he became a civilized father figure having fathered Romulus and Remus – the founders of Rome – and was thus called *The Generative Force*. With the Romans, the Greek Ares transformed from a figure full of infantile rage and war lust,

to a patron god of agriculture, builders, and craftsman. This mythic backdrop to our astrological Mars represents the dualism found within this archetype: that though the Mars archetype is primitive and impulsive, he is also civilized and courageous.

The primitive side of Mars relates to the fundamental human instinct to survive in spite of all odds, even if that means one must control and conquer the environment and others. The civilized side connects with the drive to take a useful course of willful action, supported by a sense of nobility that is focused and infused with both personal and social concern.

Astronomically, Mars is the first planet outside of Earth's orbit and symbolically this speaks to how we must use our Mars energy (our passion, will, and desire) and extend it out into the greater world that lies beyond our personal sense of identity. We must use our martial energy to initiate action and self-express. Without a doubt, Mars is a masculine force of our individuation process (becoming what we were born to be) that serves our life's purpose by getting things done! Mars relates to the *Animus*, Jung's name for the idealized image of the masculine that each of us carries deep within our psyche. The Animus deals with issues of potency, mastery of life and the environment via our will power, and externalized self-expression. Without a Mars, we wouldn't get out of bed in the morning to meet the Sun each day, to meet our lives.

One way to recognize the psychological emergence of this archetype is to spend a full day with a two year old! When we are two years old we experience our first Mars return (as it takes Mars two years to go around the Sun, it takes it two years to return back to where it was when we were born.) By the time we are two years old it has become necessary for us to break from the psychic fusion with our mother and start a journey toward our own individual identity – a process many of us get stuck in the whole of our lives!

Though we each have a Mars, our souls have forged contracts to incarnate and express it differently. And we are prone to more shadow ways of expressing it if we grew up in family or cultural systems that wounded or repressed our Mars. This often occurs when, as children, we were not given the tools of how to deal with healthy expressions of aggression, assertion, anger, and autonomy (which I suspect would be just about all of us, no? lol!)

If you were not encouraged by your parents to develop and explore your own healthy needs to assert and be aggressive, or if you were physically threatened, abused or punished, your Mars principle may have been damaged or blocked. When this happens, we find ourselves at the mercy of various personal Martial archetypes that manifest in extreme forms; from *The Coward* to *The Bully*—or at its worst, *The Tyrant!*

Aggression is not inherently bad. Healthy aggression, in fact, can save our lives. But even healthy aggression can be blocked, manifesting as depression, illness, or the need to harm others to feel empowered.

That said; let me give you a sense of a few personal archetypal expressions of Mars. See if you connect to them, and remember some of them are shadow manifestations that show up as destructive forces in someone who has a wounded Mars. I will connect some of these personal archetypes of Mars to this retrograde cycle.

Each of these archetypes contains our primary need to assert and express our Martial independence and identity. Each relates to our fundamental need to affirm our will power and

our ability to control our environment. Some Martial archetypes also bring in elements of sexuality, as sexuality often relates to the capacity to dominate or control others via our potency. Here, as with all archetypes, some express in positive and affirmative directions--fostering a forward flow of the Mars principle into life--while others manifest from a blocked or repressed Mars.

Remember, our soul agreed to a certain *style* as a primary way of engaging with Mars in this lifetime. Take a moment and reflect on the various ways in which you manifest your personal need to actively affirm yourself. Try to get a sense of how this is manifesting in your life now. Is it allowing for action that affirms you to be engaged in your life?

Some Personal Archetypes of Mars

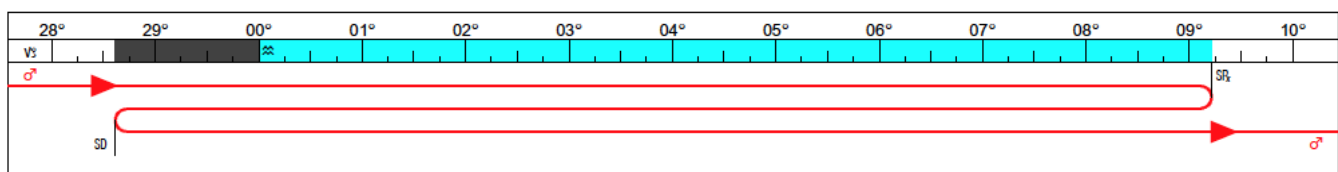
The Warrior, The Knight, The Tyrant, The Pioneer, The Advocate, The Initiator, The Coach, The Action Hero, The Hunter, The Daredevil, The Leader, The Survivor, The Bully, The Conqueror, The Emperor, The Aggressor, The Coward, The Wimp, The Sissy, The Avenger, The Defender, The Athlete, The Competitor, The Hero/Heroine, The Liberator, The Activist, The Patriarch, The Master, The Revolutionary, The Bitch, The Manipulator, The Macho Guy, The Soldier, The Procrastinator, The Couch-potato, The Fighter, The Passive-Aggressive

Mars Retrograde 2018

Mars retrogrades do not occur with the same regularity of Mercury. In fact, **Mars goes retrograde about every 26 months**– which is about two years and two months, and then stays retrograde for approximately 2 ½ months, whereas Mercury stays retrograde for only twenty-one days and does so three times a year.

This time the Mars Retrograde involves two astrological archetypes: Aquarius and Capricorn. However, the primary focus is in Aquarius. This is significant and will be represented in many of the following themes that are covered.

That said, here are the stats for the current Mars Retrograde:



The Set Up Phase: Began May 12th, 2018 at 29 degrees Capricorn

Mars Stationed Retrograde: June 26th, 2018 9 degrees Aquarius

The Midpoint of this Cycle: July 26th, 2018 at 4 degrees Aquarius

(Nearly Same Day Mercury goes Retrograde in Leo!)

Mars Retrogrades back into Capricorn on August 12th, 2018

Mars Stations Direct: August 27th, 2018 at 29 degrees Capricorn

Mars Leaves Retrograde Zone October 8th, 2018 at 9 degree Aquarius

First take a moment and think about what was going on in your life since May 12th, 2018 that is relative to the archetypal energy of Mars that I've already mentioned. What issues surfaced over the past months that deal with Mars in Aquarius themes?

Mars Retrograde in Aquarius Midpoint

On **June 26th, 2018** Mars stationed retrograde at **9 degrees Aquarius**. It reaches **the midpoint of its retrograde cycle when it opposes the Sun in Leo at 4 degrees (Leo/Aquarius Axis) July 26th, 2018**. It's around this time that the Mars retrograde 'message' becomes apparent or boiled up to a crescendo – rendering you more conscious of where you haven't been managing your Mars well or where something wants to happen in your life that you're not consciously aware of.

Other Important 2018 Mars Retrograde Dates of Special Mention

July 12th: Solar Eclipse and New Moon in Cancer – end of a six-month eclipse cycle, possible major tipping point

July 20th: Retrograde Mars conjuncts South Node – letting go of the past in preparation with connecting to a new vision

July 25th: Mercury goes Retrograde in Leo – a re-evaluation of the Essential Self is in order and whether it's connected to the Aquarian mandates of our times.

July 27th: Lunar Eclipse Full Moon conjunct Retrograde Mars – a new Aquarian vision is revealed and what it'll take to manifest it

August 1st: Retrograde Mars in Aquarius square Uranus in Taurus – unexpected surprises that feel like a jolt of lightening, a creative call to inspired and/or triggered action

August 7th: Venus in Libra trine Retrograde Mars in Aquarius – the Mars Retrograde finds some harmony and balance as things settle and integrate, relationships and values are clarified

August 11th: Solar Eclipse New Moon in Leo – a new cycle of potential begins! Take some time to consider how you want to shine your light in the World now

August 12th: Mars Retrogrades back into Capricorn – now it's time to practically ground the new vision. Take pragmatic steps and begin to commit to what it's going to take.

August 15th: Mercury Retrograde in Leo stations Direct – time to bring forth your Star Quality!

August 27th: Mars Retrograde stations Direct in Capricorn – GAME ON!

Keep in mind that Mars will be Retrograde in Capricorn from August 12th – August 27th, 2018 bringing a Capricorn conclusion to the Aquarian themes.

That said, here are some of the themes ahead in this Mars Retrograde in Aquarius/Capricorn!

Some of the themes of the Mars Retrograde in Aquarius (Capricorn):

- Addressing common Retrograde Facts and Fictions
 - What's elective vs. mandatory
 - General yet specific dynamics of Mars Retrograde
 - Tension of responsibilities meets low-energy
 - Forced to reorganize, reprioritize with your focus and action
 - Usefulness of exhaustion
 - Identify where you are called to surrender or keep fighting the good fight and trust the process
 - How to know when to fight the good fight!
- Special Mars Retrograde process with Aquarius and Capricorn
 - The end game in Aquarian

- Common Archetypal Thread of Aquarius & Capricorn
 - Both Archetypes are Societal
 - Capricorn is about where you fit into the World via your 'Work/Social Survival Usefulness'
 - Aquarius is about where you fit into the World via your 'Ideals/Vision'
- How would Aquarius stand up for itself?
 - What would it stand up for?
 - How do we use Mars in an Aquarian Age?
 - Look at events and situations to get clear on where you need to step up and stand up!
 - Aquarian Anger
- Its relationship to Saturn in Capricorn Cycle
 - Capricorn's Role in the Mars Retrograde
 - Ideal or Bust? – NOT AN OPTION!!!

Mars, Tribalism, & Your Personal Will

“The Modern Hero, the modern individual who dares to heed the call and seek the mansion of that presence with whom it is our Destiny to be atoned, cannot, indeed must not, wait for her/his community to cast off its slough of pride, fear, rationalized avarice, and sanctified misunderstanding. It is not Society that is to guide and save the Creative Hero, but precisely the reverse. And so every one of us shares the supreme ordeal – carries the cross of the redeemer – not in the bright moments of his tribe's great victories, but in the silences of his personal despair.”

-Joseph Campbell, The Hero with a Thousand Faces

- Projection and where haven't you taken charge of your own Mars when it comes to Aquarius?
 - WE are the ONES we've been waiting for & YOU are the ONE you've been waiting for...How do you use Mars in an Aquarian Age?
 - How do we use Mars as a Promethean Generation?
 - Vision/Progress/Revolution
 - Revolt vs. Rebel
 - **Revolution** = a forcible overthrow of a government or social order in favor of a new system
 - This is both internal and external!
 - Staging Your Own Self-Revolution
 - What does it mean to be 'Free'?
 - First identify where your Will is stuck & Why?
 - Calling out your own bullshit (repetitive ways you stay stuck and why)
 - Revolutions are UNCOMFORTABLE!
 - Doing your own Shadow Work
 - You need a 'Mars' to become YOU
 - Dare to be different!
 - Realizing your only as 'Free' as your Culture
 - You can only become You as much as your Culture allows

- Where are you called to take action to revolutionize and support the Mystical Integrity, Mystical Equality, and Mystical Ideals of the Group?
- What does it mean to live in a 'Free Society' (Aquarius)?
 - How was your Mars wounded by Family/Society/Culture, how can it heal?
 - Identifying how our culture has a shadow relationship with Mars, especially 'Spiritually'
 - What is 'Free Will'?
 - The Hero/Heroine is called to Individuate but can never really leave the Tribe – that goes against Mystical Law
- Locating the Center of your Will within the Winds of the World
 - To Whom do you look to for Guidance & Permission?
 - To Be You
 - Make a decision
 - Take an Action
- Anger as Intuitive Guidance!!!
 - How to use anger in a sacred way
 - The necessity of compassionate aggression
 - How rage builds up over generations and becomes family legacy
 - Understanding the shadow side of Mars
 - How to locate yourself in anger
 - What it means to be a Love Rebel
- Need to practice your own 'Martial Arts'!
 - Aquarian Martial Arts = Art of conscious Aquarian responses and action
 - Taking 'Cutting Edge Action' & staying connected to Yourself
 - Compulsive Arts = Art of reactive responses and action
 - Where don't you have conscious choice when it comes to how you use your energy?
- The Archetypes of Aquarian Martial Arts:
 - How do you stand up, assert yourself, and get things done in the Aquarius/Capricorn part of your life – how do you own your WILL and take ACTION??!
 - The Rebel
 - The Revolutionary
 - The Whistle Blower
 - The Visionary
 - The Idealist
 - The Humanitarian
- Feeling Emotions to get the Neutrality of Aquarius
 - First you must feel your Martial Emotions to deactivate personal reactivity and bias – then you can ask...
 - Does your energy support your long term goals, dreams, ideals, visions, and aspirations?
 - Look at shadow ambition, intention, and motivations (actions)
 - Fighting the good fight vs. letting go
 - Letting go or giving up can be the resolution you need, you just have to know what Archetype is fighting and what it's fighting for!

- Exercise: Identify where in your life you feel caught in a struggle/battle or feeling frustrated. How would you language that symbolically or archetypally? What Archetypes are involved? What are they fighting for? What are your 'Drivers'? What emotions do you need to simply feel and let run through you?
 - Now evaluate if you want to stay in the fight or give up! Why or why not?
 - How does this struggle serve something in terms of your future potential? How might it be building a stronger Mars for your life?

Questions to help assess your Mars archetypes:

Do you take direct and quick action in life to get what you want? Or are you more passive-aggressive, needing to be more covert in asserting your agendas? Is that serving your overall sense of integrity?

What action do you typically adopt when you want to "get things done"? Do you procrastinate? Are you capable of going after what you truly want?

How has shame wounded your Mars?

How do you codependently engage your Mars? Via controlling others? Letting them control your will? Waiting to get 'permission' to take the next right step for yourself?

How do you handle anger? Do you avoid it and stuff it down? Do you take it out on others in forms of abuse? Do you go work it off at the gym? Was anger an emotion your family allowed you to feel?

How do you assert your needs with others? Are you direct with people about your needs? Or do you get passive-aggressive?

How is your sexual energy expressed? Do you need to dominate another sexually to feel potent? Do you feel dominated by others?

How do you most consistently seek to establish your potency in life? Do you take risks and enjoy conquering challenges, or do you sit on the couch and only dream of what you could become?

The Mars retrograde ends August 27th, 2018 when Mars stations direct in Capricorn. We are then left to integrate all that has surfaced during the past two months while it was retrograde until October 8th, 2018. This will hopefully allow us to chart a new course forward regarding how we take action to procure genuine Aquarian Revolution for our lives.

Mars Retrograde 2018 Midpoint

Event

Jul 26 2018, Thu
10:54 PM MDT +6:00
Boulder, Colorado

Tropical
Placidus

